

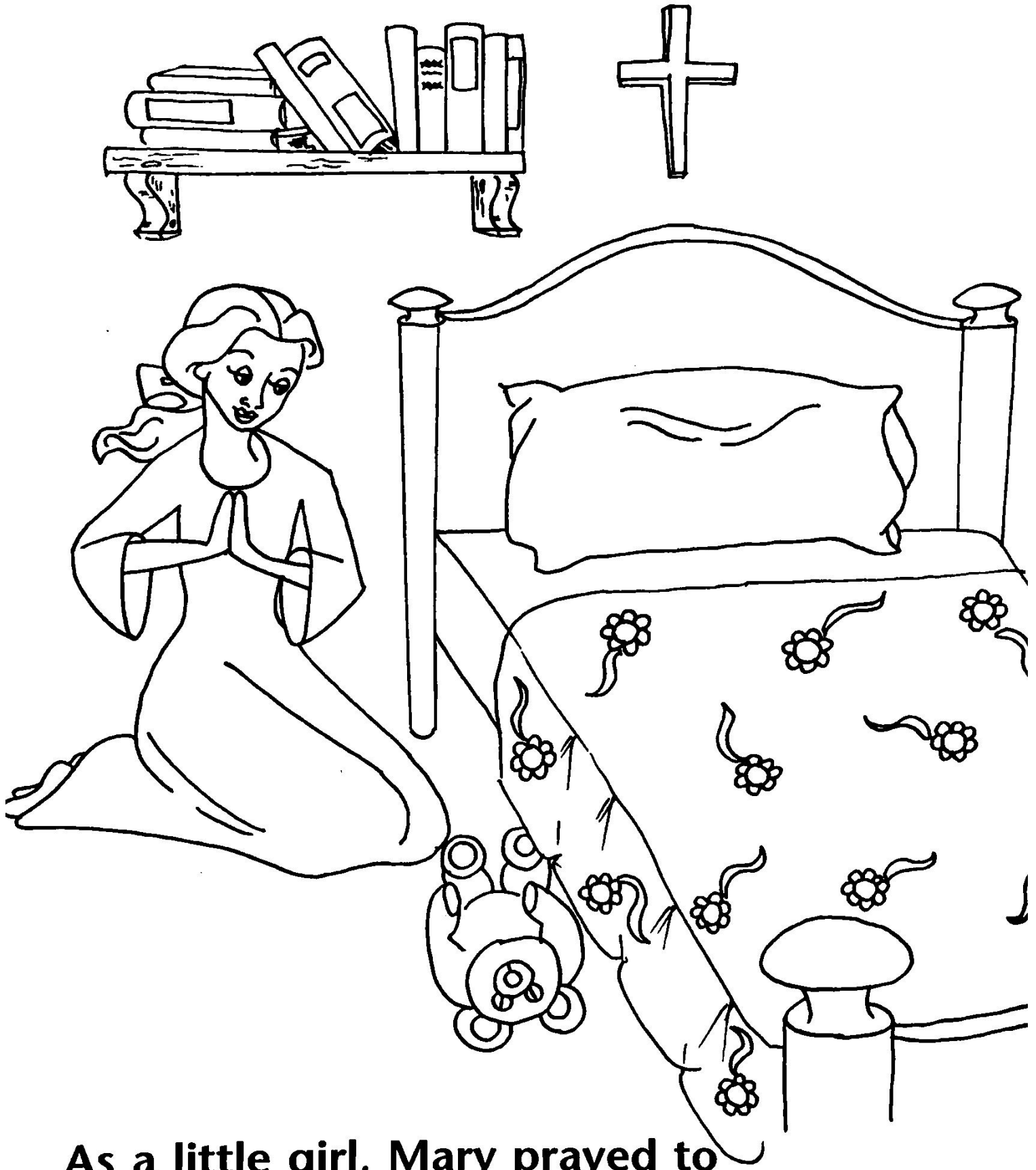
# Mary Frances Aikenhead



A little girl who cared  
a lot for others



**A long time ago a baby girl called  
Mary Frances was born in Ireland.**



**As a little girl, Mary prayed to God for the sick people.**

**Her Father, who was a doctor, was a very kind man. He helped the poor, sick people to get better.**

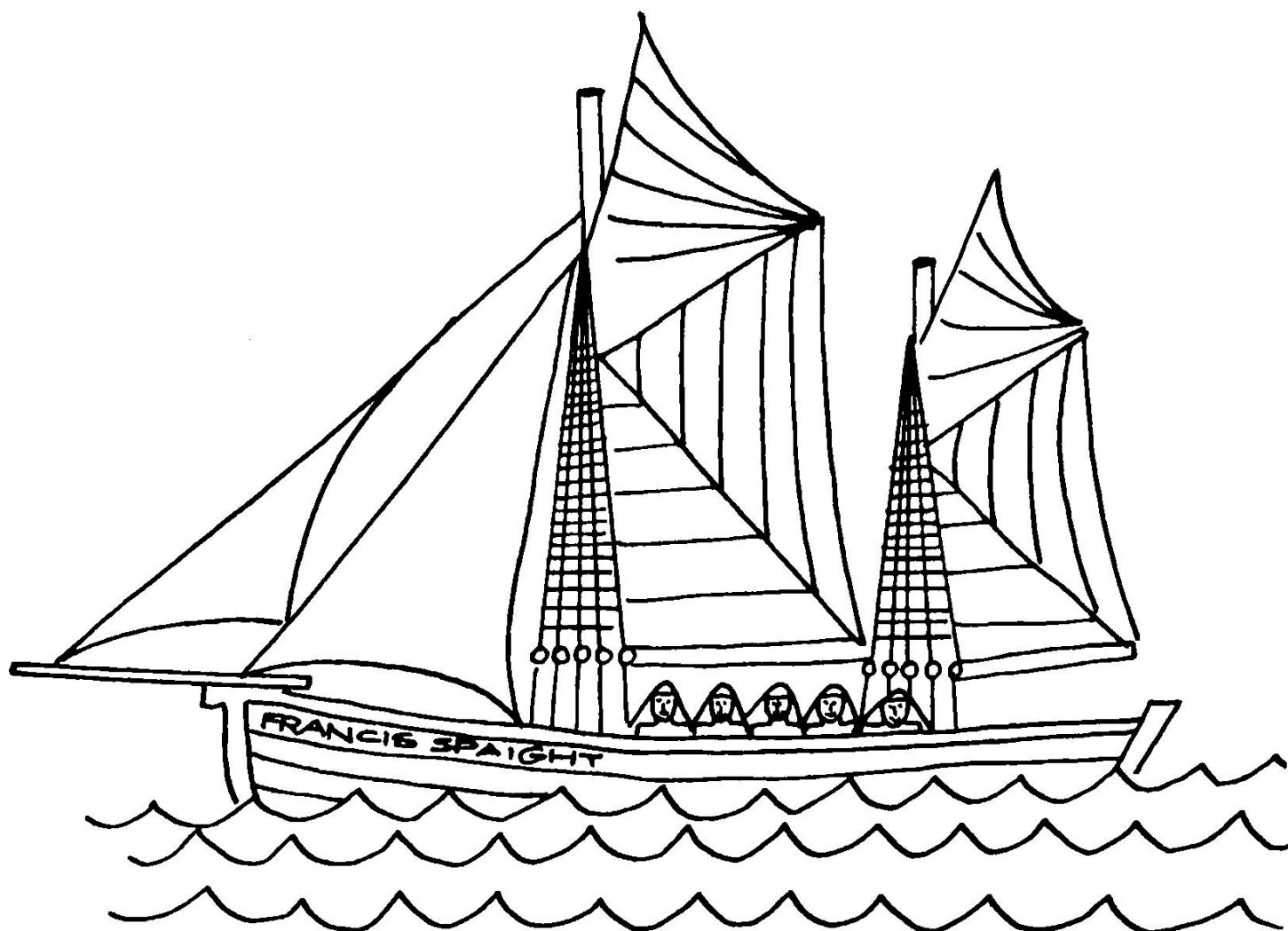
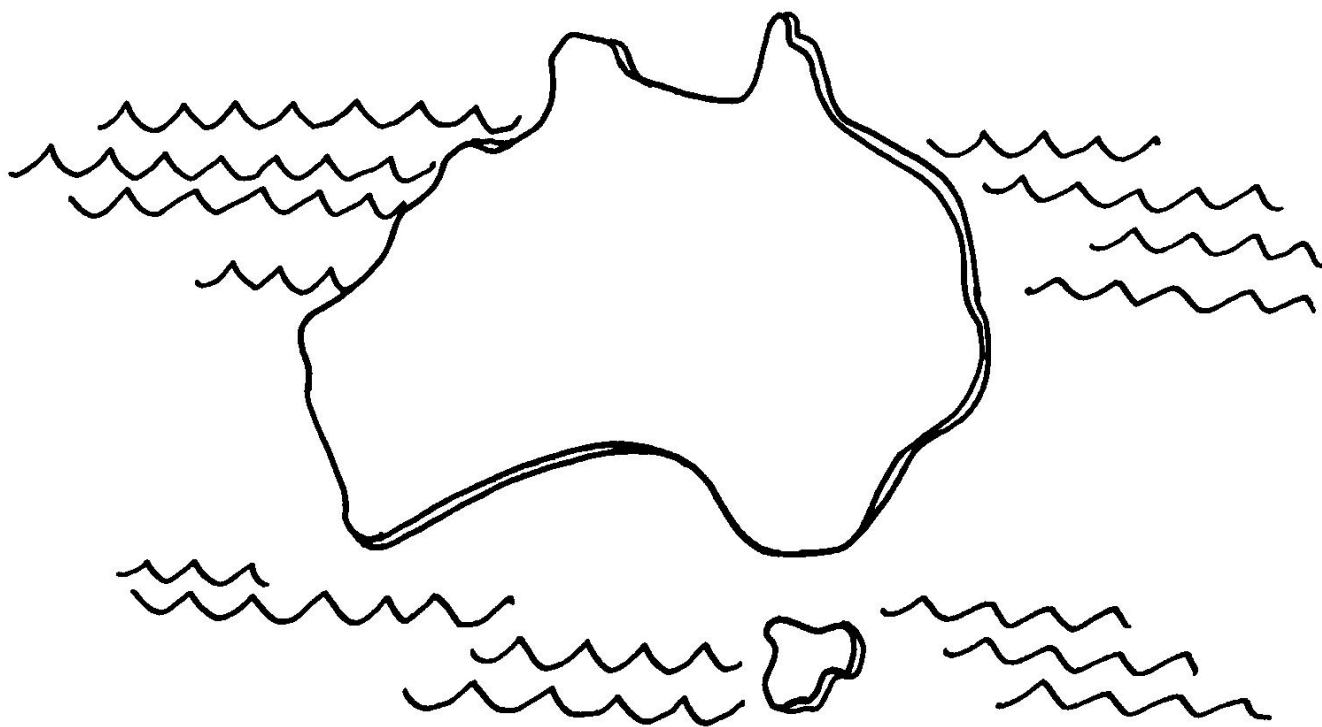


**When Mary grew up she became the  
FIRST SISTER OF CHARITY.**



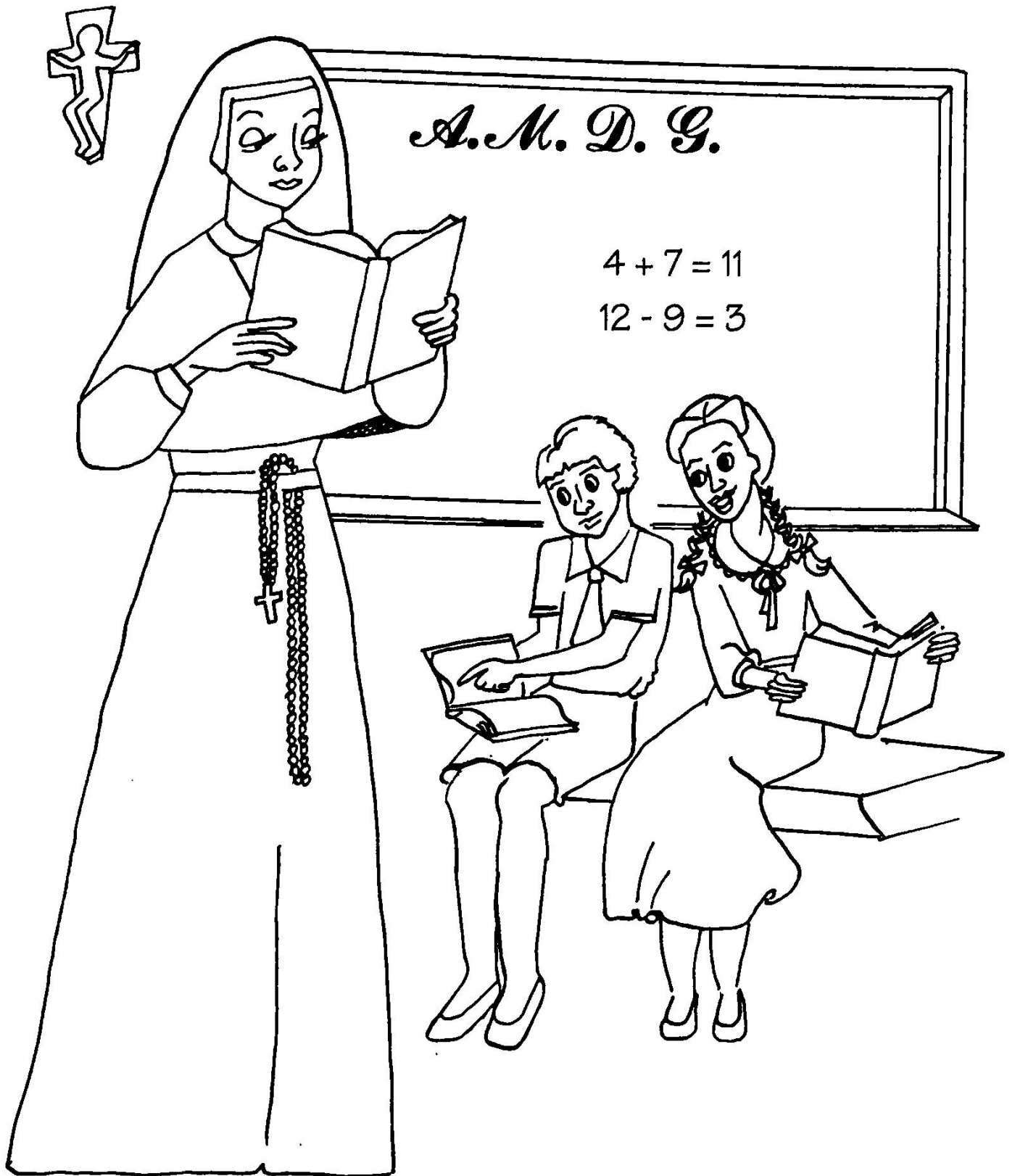
**As a sister she helped to  
care for poor people too.**

Sister Mary thought  
"I will help the poor people in Australia".  
So she sent 5 Sisters of Charity to Australia.





**When they arrived they helped the sick people in their homes.**

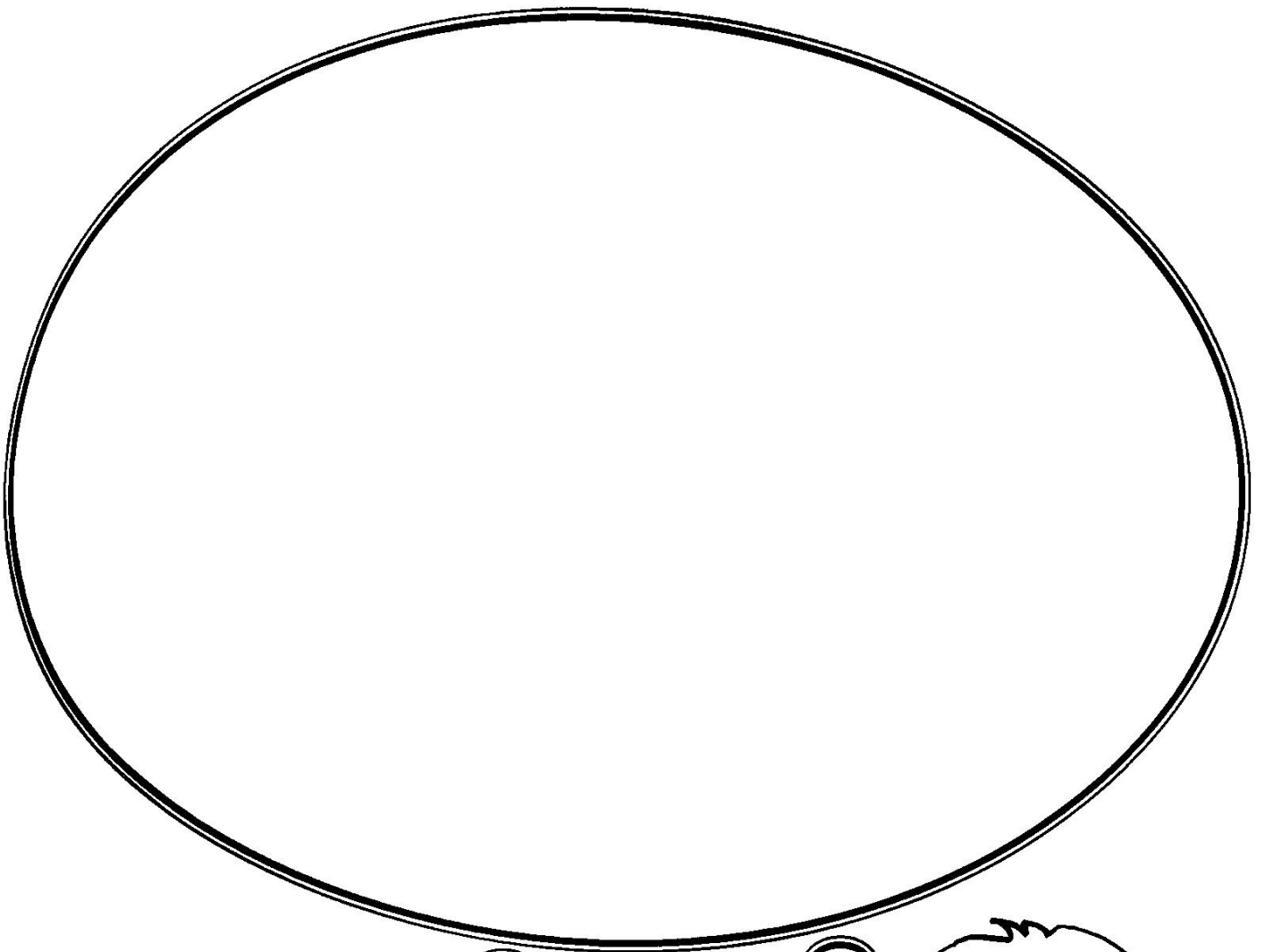


**They also taught the children about God  
and about how to read and write.  
Everyday they asked God to help them.**





**Today the Sisters of Charity are still helping people who need help in the community.**



**How can we help the Sisters of Charity to show others that we care? Draw one way of helping in the circle.**