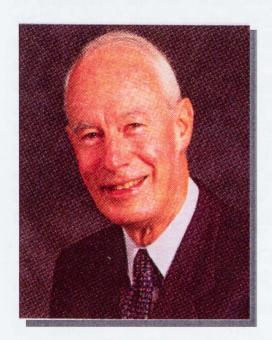


Sisters of Charity Newsletter - Partners in Mission
Vol.4 No.2 June 2003

SCHS CHAIRMAN FAREWELLED



Phil Spry-Bailey

On 10th April 2003 a Mass of thanksgiving and Missioning was held at St Vincent's Hospital Fitzroy. The celebration recognised the contribution made by the outgoing Chairman of the Sisters of Charity Health Services, Phil Spry-Bailey and the missioning of the new Chairman, Tony Killen. Brenda Shanahan the new Chairman of St Vincent's Health, Melbourne was also missioned. The Congregational Leader, Sister Elizabeth Dodds RSC, performed the ceremony.

(continued next page)

Debutants Presented to Former Student/ Principal of the College

Sister Marion Corless rsc received 29 debutants at the St Vincent's College Annual Blue and White Ball on Friday night 13th June 2003. Among the debs presented to Marion were her grandniece and her cousin's granddaughter. There were also daughters and granddaughters of ex-students from the College who were known to Marion. The girls thought it a great honour to be presented to such a distinguished lady with such a long association with the College

EDITORIAL

It is pleasing to offer our congratulations to a number of our colleagues who have recently been recognised for their contribution to the wider community.

Over the past six weeks a number of Sisters and associates have gathered to give thanks for and to celebrate the lives of four Sisters of Charity. As Rev. John McMillan, SM remarked in his homily at Sister Patricia's requiem, between them they must have totalled a significant number of years in the religious life. In fact between them they had given 277 years in the service of the Lord as Sisters of Charity. To their families, communities and friends we extend our sympathy and prayers.

I am always grateful to receive articles of interest from the Sisters, our colleagues and friends. They can be either emailed or posted and if relevant a photo is always appreciated.

Maria Wheeles REC

CONTRIBUTOR

Sr Libbey Byrne RSC Sr Carmel Coyle RSC Sr Anne Crowley RSC Peter Ferris AM Sr Maureen Heffernan RSC Sr Jan O'Grady RSC Melinda Gutierrez







Tony Killen

Brenda Shanahan

The following is an extract of the Toast to Phil made by Peter Ferris at the dinner.

Seven years is but a fraction of the time Phil Spry-Bailey has served the Sisters of Charity health ministry. According to our archives, his service dates back to 1988, a continuous period of some 15 years during which he has at various times been the inaugural Chair of the National Board, the Chair of the Regional Melbourne Board (2 terms), a Director of St Vincent's Institute of Medical Research, a member of the earlier St Vincent's Hospital Advisory Council, and before that a member Advisory of the Hospital's Finance Committee.

He is one of the few people involved in the governance of the Sisters of Charity Health Service, who has experienced all forms of participation, namely as an advisory committee member, as a director of the research institute. director of as incorporated regional board, and finally as director and Chair of the National Board. During this time he has also served with distinction on numerous committees, working and study groups, where parties. extraordinary skill and expertise has been made available with great generosity and I suspect, at some cost to his health and recreation. For this we thank not only Phil himself, but also his extraordinarily supportive wife of 45 years, Pat, and his family. It is this "behind the scenes' support which has allowed Phil to give so much of his time and attention to the affairs of the Sisters of Charity. It has, we know, been physically quite taxing at times.

Despite the many interests and pursuits, which Phil has undertaken, he has, remarkably, found time to publish and earlier work on "Investment Risk and Uncertainty", and currently, I understand, is planning to publish the results of his research on Currency Risk and Volatility. From this, you can understand why Phil has been a valuable member of the National Board's Audit and Compliance Committee, and its championing of Risk Management within the Service.

Having been born and raised in Sydney, educated by the Jesuits at St Ignatius College, Riverview, and the University of Sydney, and having spent some of his earlier business years in Sydney, Phil then gravitated to that city where all great mining houses reside. By straddling the two cities Melbourne/Sydney in his career, Phil has brought to the role of National unique Chair his knowledge experience of our two largest facilities. He has in my opinion, always acted fairly and without bias to any part of the National Service.

His earlier experience in medical research has exhibited itself in his restless searching for the development of centres of excellence in our hospital clinical work, drawing upon the areas of specialisation in our research.

The other area where Phil has placed his special mark on the Health Care Service is in occupational health and safety. His passionate attention to worker safety not only springs from his Alcoa experience but also reflects his devotion to the Christian concepts of justice and charity extended to one's fellow men and women.

You exemplify all that is good, gentlemanly, considerate, respectful and ethical. Your tolerance of the views and beliefs of the many in a pluralistic society has made you a great leader in Australian Catholic healthcare.



Sister Patricia Carr died suddenly on Monday 16th June in Prince 2003 Alfred Hospital. She had been taken there from Lewisham on Monday afternoon was being and prepared to undergo emergency surgery.

The Chaplain from St Joseph's, Rev. John McMillan SM, celebrated Requiem Mass for Patricia at St John of God Church Auburn on Thursday 19th June 2003. Sister Elizabeth Dodds. Congregational welcomed those assembled, especially Patricia's two sisters Jeanette and Nancy, her brother-in-law, her many nieces and nephews and other family members. Elizabeth also made a special reference to those Sisters present that had entered the Congregation on the same day as Patricia in 1956, some of whom travelled long distances to be there. These Sisters were involved in the liturgy along with Sisters from the Ashfield community to which Patricia belonged. These Sisters who had lived and worked with her. Her sister placed a family photo on the coffin and her nieces and nephews took up the offertory procession.

It was fitting that Sister Jan O'Grady, who is one those who entered on the same day as Patricia and who is also a member of the Ashfield community should deliver the following Eulogy.

"Today we gather to honour the memory of a very caring person, Sister Patricia Carr.

Pat was born in Wollongong in January 1931, the eldest of four, there being three girls and one boy in the family. Perhaps being the eldest taught her from her earliest years to be reliable and aware of the needs of others- qualities attested to by those who knew her well. After leaving school, Pat decided to make nursing her career, and, since the family had moved to Bathurst, she trained at St Vincent's Hospital there. Some time later she responded to the call to enter religious life, joining the Sisters of Charity on 2nd February 1956. (Today four other sisters, who entered with her on that day, including one who has come from Melbourne, are present here to honour her and commend her to God).

After profession, she was appointed to St Joseph's Hospital, Auburn, where she found herself in charge of a ward, and then to the Accident and Emergency Unit. Only a few weeks ago she was reflecting on that time and commented on how difficult she found those years. She had been trained at a small country hospital and discovered very quickly that she did not have all the skills the doctors expected. But, in typical fashion, she persevered in her role, learning as quickly as she could. It must have been with relief that she found herself appointed to Bathurst for a year! Then it was off to Melbourne for the next 35 years. She loved her time at Caritas Christi, Kew, where she accepted the role of Tutor Sister. I could well imagine how thorough would have been the training she gave those young women.

When her increasing disabilities forced her to relinquish that task, she moved to the Outpatients at St Vincent's Hospital, Melbourne. Sister Marie Bernadette (who would very much have liked to be here today) shared with me some of her memories of Pat's work there. "She was just so lovely with people, taking an interest in them and doing what she could for them - including pushing people in wheelchairs, despite her own crippled hands."

The staff told Marie Bernadette they sometimes offered to do it for her, but she would have none of that. Many of the Outpatients still ask about Sister Patricia, such an impression did she make by her obvious love for them. Several Sisters who worked with Pat, highlighted the tremendous love she had for people - and how that love was reciprocated. She was even described as a "lame dog's friend". These Sisters also remarked on Pat's ability to form lasting friendships. One in particular was recalled by them - a woman Pat befriended through a choir, and who in turn joined the Catholic Church.

When Pat could no longer walk to Outpatients, she assumed the role of hospitality at home - providing cups of tea and a friendly welcome to visitors. She was always delighted to be asked to do whatever lay in her power, including keeping up-to-date a list of names, addresses and phone numbers of benefactors to the Hospital - no mean task. Then too began her apostolate of the telephone whereby she kept in touch with many friends.

Pat's decision to come to Sydney was a testimony to the importance of family to her. Throughout her life she maintained a keen interest in the lives of her nieces and nephews, and it was a matter of real joy for her that she was able to spend last Christmas Day with Nancy and her family, and that she got home almost at midnight!





Rev. John McMillan, SM, chaplain at St Joseph's Village was the chief celebrant at the Requiem mass for Sister Clare O'Donaghoe at St John's Church Auburn on 14th May 2003.

Her nephew Father John Usher concelebrated the liturgy.

Among her Sisters of Charity ex-students to take part in the liturgy were Christine Madden, Ellen O'Carrigan, Jean Montgomery, Virginia Wilkinson, Marina Ward, Geraldine McGowan and Aileen Thomas. Joyce Mary Buckman and Annette Hall who lived with Clare at Wahroonga placed mementos on her coffin.

Sister Jan O'Grady delivered the following eulogy:

Sister Clare O'Donaghoe, who was in the 90th year of her age was a woman with a ready wit, a deep love of God, her family, the Congregation and the pupils she taught. Her beautiful smile endeared her to everyone, especially the staff at Lewisham Nursing Home with whom she was a favourite and to all who came to visit her.

Clare entered the Sisters of Charity in June 1933. She was professed in 1936, upon which she was sent to teach at Moonee Ponds in Melbourne.

Teaching, especially English was her great joy. Coming from a family of six girls and three boys (she was 6th in the family), it's probably not surprising that she understood and loved young people. There is no doubt that her favourite school was Bethlehem College, Ashfield, her own Alma Mater and a school where she taught on two occasions - the first for eleven years. A number of girls she taught there became Sisters of Charity, and many of these are honouring her by taking part in this morning's Eucharist.

The present Staff of Bethlehem have sent a message of condolence and along with the students are uniting with us in prayer this morning.

In her early 40's, Clare was called to serve the Congregation from 1955-1960 as a General Councillor under the leadership of Sister M. St Agnes Skewes. During this time she kept in touch with the classroom through teaching the novices who were to become teachers. After her term of office she returned to schools, first as Principal at Mt St Michael's, Ashgrove in Brisbane, then to the classroom in various schools in Sydney until her retirement to Wahroonga.

Those who were taught by Clare, or who lived with her, have many stories. The spontaneous question from one exstudent was: 'are you going to include an extract from "Wind in the Willow"? or "Merchant of Venice"? Obvious Another ex-student recalls favourites! much hilarity a fundraising with basketball game Clare organised between the students and a team of the Fathers Auxiliary- nicknamed "Bedlam" by Clare.

Many of us were present in the dining room at Wahroonga when Clare regaled us with her story of the worm - a tale which extended for about ten minutes, accompanied by wide eyes, many hand gestures and most amusing facial expressions. We laughed till we cried. She was a born storyteller! Her sense of fun enabled her to entertain others, but also to sustain her own spirits during the last years of her life when she became totally dependent on others for her care.

Clare's heart reached out to many who were touched by her love. Today, a niece, Rosalind Louise wishes to pay tribute on behalf of the family.

Thank you Rosalind Louise.



Sister M Canisius Coupe who died in St Mary's Villa Concord on Saturday evening 25th May 2003, was 94 and in the 70th year of her entrance into religious life. Her Requiem Mass attended by a large number of sisters, family members and friends took place at St John's Church Auburn on Wednesday 28th May.

The chief celebrant was the Parish Priest, Father Ray Farrell and Rev. John Mc Millan, Chaplain at St Joseph's Village, concelebrated and spoke briefly of Canisius' reliability and integrity in passing on information. Once when he commented to her on this point she said she had learnt early to listen rather than talk.

The coffin was brought into the chapel by the Sisters in the Medley Avenue Community, the community to which Canisius had been attached since moving to the Village. Sister Elizabeth Dodds, Congregational Leader welcomed all present to the celebration and extended her sympathy to the members of Canisius' family. Various sisters and members of Canisius' family placed the pall and symbols on the coffin, including a copy of the newspaper, as she was an avid reader of the daily paper until her stroke about ten days before her death.

Mary Coupe, Canisius' niece, spoke of the important part, Eileen, as she was known to them, had in their family. She highlighted Canisius' ability to accept change, her interest in world affairs and the depth of wisdom.

Sister Libby Byrne spoke on behalf of the community:

Sister Canisius 17th July 1908 to 25th May 2003. How does one "sum up" nearly ninety-five years of living?

Eileen Dorothy Coupe, only daughter of Robert Coupe and Maria O'Sullivan and sister to brothers Harry, Bob and Reg, was born in Charters Towers, Queensland and grew up in Clovelly, Sydney.

Eileen, Aunty Dorothy, Sr Canisius was affectionately known as "Canis" to members of the congregation (and "Dodo", I believe to her school friends.) When I first joined the Community at Leura in the mid 90's, I wondered how many sisters were in the community as I answered phone calls for Dorothy, Eileen and Canisius!

Her family told us the story of two good Anglican brothers, who emigrated to Queensland where one of them met and married a young Irish girl. Years later as a Sister of Charity in Tasmania, Canis met the local Anglican minister, Reverend Coupe who turned out to be her first cousin. Living across the road from each other, an arrangement was soon reached, Canis doing the Reverend's ironing in return for his mowing the sisters' lawn.

In speaking to various sisters in the last few days, I have heard the following comments:

"A wise woman."

"A gentle woman."

"She kept her counsel." – a quality that stood her in good stead as Secretary General from 1982-85.

"A wonderful intellect."

"A friend and mentor."

"A quiet achiever."

She was small and quiet, but not insignificant with a quick wit and a tenacity that could sometimes be stubborn – sometimes her foot would stamp and her face would set, the fists clench and the elbows come up! More often, however, her tenacity kept her faithful.

Over these last days of Canis' life, I have been reflecting on the Parable of the Vine and Branches, the Gospel of the fifth Sunday of Easter, the week that Canis became ill. At Baptism, Canis was grafted onto the vine which is Christ and spent the next ninety-four years of her life being pruned in order to bear fruit.

At seventeen and a half, she left her family to respond to the invitation to deepen her baptismal commitment as a Sister of Charity. Like many of us, the love of Christ urged, challenged and drove her to have "no other choice" than to be that love for all through her service of the poor. The words she chose as her motto were both a prayer and a source of inspiration: 'Strengthen me with a perfect spirit'. She had spirit and the life-giving sap from the vine flowed through her as she strived to become the living embodiment of this motto.





Concelebrated Requiem Mass was celebrated for the repose of the soul of Sister Margaret Mary Moore on Friday 30th May 2003 at St John's Church, Auburn. Concelebrants were Rev. John Mc Millan SM, Fr John McSweeny and Fr Ray Farrell PP. Margaret Mary was in her 86th year of her age and the 60th year of her entrance into religious life.

Sister Maurren Heffernan delivered the Eulogy and Mary Rimoldi, wife of Margaret Mary's nephew, paid tribute on behalf of the family.

'Jesus, His Heart, His Will, His Cross'

These words were an underlying the life of Margaret Mary- they were her personal motto - words imprinted in her mind and echoed in her faith and good deeds.

Margaret Mary Moore made her profession as a Sister of Charity on 31st August 1946. Inspired by Mary Aikenhead, our Foundress, and I imagine by her patron saint, St Margaret Mary Alocoque, she responded to the stirring in her and like Jesus embraced God's will with all its highs and lows, its joys and sufferings.

She had trained as a teacher before joining the Congregation and taught in numerous schools primary schools, mainly in the Sydney area, before moving into the welfare ministry at the end of 1977. Having had her own share of suffering, Margaret Mary was keenly tuned to the suffering of others. She was interested in the lives of others and took special care of the lonely and the isolated, visiting many of these in their homes. There are many at parishioners at Paddington who still remember her for her kindness to them.

It was at Paddington that I got to know Margaret Mary when I lived there with her for a short time in the late 1970's. At that time her ministry was the 'Open Door', located at the back of the Parish hall. As its name implies it was a gathering place open to all who approached it. It was a place of hospitality and where people came to share and to seek comfort. Here Margaret Mary listed to people's story and directed them to services in the community that would enhance their lives. It was at 'Open Door' that she welcomed Gary Rhor, founder of the Australian Academy of Tai Chi and provided him with a space to begin teaching Tai Chi in Australia. Here too many a senior citizen from the parish enjoyed this graceful practice under Gary's tuition.

Margaret Mary's last years of active ministry were in pastoral care at Sacred Heart Hospice where she conducted retreat days. She was later involved as a co-ordinator at the Catholic Information centre and as an archivist at St Mary's Cathedral.

In November 1991 Margaret Mary retired to St Joseph's Village at Auburn where she remained till late last year when her health deteriorated and she moved to St Joseph's Nursing Home at Lidcombe. fiercely independent and tenacious woman, Margaret Mary struggled to maintain control of her life. Limited by poor eyesight and hearing she had to make many adjustments to cope with the ordinary things most of us take for granted. The staff at St Joachim's was very patient and accommodating as Margaret Mary struggled to overcome the stormy passage of frustration in maintaining her independence.

As we reflect on Margaret Mary's life as a Sister of Charity, we come today to pay tribute to her faithfulness and courage in the face of the cross that she bore for so many years. We give thanks for her life and rejoice in the knowledge that will now see what no eye has seen, hear what no ear has heard as she meets her beloved face to face and hears the word:

'Come to Me .. . and I will give you rest'.

New Principal for Mount Carmel College in 2004

Villa Maria Society St Paul's Overseas Aid Group

Mrs Laurie Wolfe has been appointed Principal of Mount Carmel College, Sandy Bay, commencing 2004. She will replace Mrs Bobby Court who has been in that position for the past six years. Bobby has been appointed to succeed Sister Pamela Davis, OP as Principal of Guilford Young College, the Catholic senior secondary college in Hobart. Bobby has made a significant contribution to Mount Carmel both in terms of the academic development of the students and the school's physical plant.

Laurie is currently Deputy Principal of St Virgil's College, Austins Ferry in Hobart, where she has been on the staff for many years. This is the group that **Sister Felicia McCarthy RSC** was instrumental in establishing in 1988 with two volunteers. Today the group has eleven regular volunteers who work each week at "The Stables" sewing babies clothes and preparing parcels of used clothing, soap, books and other donated items to go to the missions.

The group's work currently extends to ninety eight missions in Papua New Guinea, Africa, India, Philippines, East Timor and Indonesia and it is obvious from the many letters acknowledging receipt of these parcels, that they are very much appreciated. Certainly the goods are going to help the poorest of the poor.

The cost of sending the cartons overseas is very expensive and the St Paul's Group is always grateful for donations of money to go towards this cost. These may be forwarded C/- Sister Felicia McCarthy, St Paul's Overseas Aid Group, Corner Studley Park Road & Fernhurst Grove, Kew, Vic 3101

(Sr M. Canisius Coupe)

Canis had a love of language and learning. She is remembered with fondness by her former pupils, and will never know all the fruits borne from the seeds she sowed.

Canis loved to play Scrabble and to do the crossword. She knew the value of words and was never one to waste them on unsolicited advice to others but was generous with her time and listening ear, choosing her words wisely and economically when called upon.

Embracing the new was one of Canis' greatest gifts. When we lived at Leura there were often birthday dinners at the Wentworth Falls pub and she would try something new on the menu each time.

This attitude seemed to characterise her attitude to most things in life. As the pruning continued she became frailer. In diminishment she left behind her much loved Mountains but did not become isolated from the life and events of the Congregation and the world. The world and the congregation, instead, came to her! She had her newspaper, spiritual reading, prayer as well as visits and phone calls from the members of the Congregation, friends and family.

In her physical frailty there was a dynamic inner strength, vitality and zest for life. Canis possessed the ability to "let go". Rather than needing to cling on to the past she embraced the new, integrating changes into her life.

She seemed to face the final pruning, her short illness, with a peaceful acceptance. Unable to speak, she was aware of the presence of those visiting, their prayers and their words.

Now, as she is "strengthened with a perfect spirit", we farewell Aunty Dorothy, Eileen, Canis and it is we who feel the pruning.

Life is changed, not ended. And all in the end is harvest.

(Sr Patricia Carr)

Moving to a Nursing Home did not mean the end of her interest in others. Sometimes when we went to visit her we would find her visiting one of the other Sisters resident there. Only recently, when one of them was very ill, Pat instructed the Sister on duty to make sure she came for her should Sister be dying that night. Pat's life reminds me of a saying of Mother Mary Aikenhead, our Foundress, who remarked that "Great good can be done for God's glory by those who are themselves suffering'. Much of Pat's life was a struggle as she attempted to handle one disability after another.

No wonder one Sister referred to her as a 'great little battler'. Another comment I heard frequently was that, despite her suffering, Pat did not complain. Even at the end, when she must have been in great pain, there was no word of complaint; just the simple statement that she thought this would be it. Her first concern that afternoon in Emergency was whether or not the Sister with her had eaten any lunch. How typical of a women who had learnt to put others before herself.

Thank you, Pat for your life of loving service of others, for your friendship and for the inspiration you were to all those privileged to know you, especially those who worked close beside you.

PRIVACY NOTICE

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Those receiving this Newsletter have their names on our database. The list is not used for any other purpose and will not be given to another organisation. If anyone would like to have his/her name removed from the list please let me know.

Sister Maria Wheeler RSC (02) 9367 1211



Tasty outreach: St Finbarr's Food Barn volunteers (from left) Donna Strofield, Suellen Herbert, Beth Green and Sister of Charity Carmel Coyle prepare for another delivery

Peter Bugden - Catholic Leader (10.4.03) (Article used with permission)

A GROUP of parishioners at St Finbarr's, Ashgrove has found the right recipe for spreading the spirit of goodwill.

All it takes is workers willing to cook a meal or a tasty treat, someone to pinpoint those who could do with a meal, and volunteer drivers to deliver the goods. That's how St Finbarr's Food Barn works.

One of the team, Beth Green, said St Finbarr's Food Barn started about nine months ago and is benefiting both the givers and receivers.

Most of the cooks are mothers with children at St Finbarr's Primary School.

There are about eight on a roster cooking soups, casseroles, sweets, slices, desserts or whatever they think will hit the mark.

Most of what is cooked is frozen and stored in the freezer at the old school tuckshop.

Each fortnight, four from the group meet at the tuckshop where Sister of Charity, Carmel Coyle, lets them know who in the parish is sick or in hospital or in need of a meal.

The volunteers then drive around the parish, delivering meals.

"We often get a call from the school, saying "This mum's in hospital, can you help?," Ms Green said.

"A lot of people are housebound and elderly."

"This is just showing them there are people who care about them."

Ms Green said the people visited by the group were very grateful, and the volunteers gained a great deal of pleasure from the visits.

The barn group recently appealed to the parish for more helpers and Ms Green said the response was "fantastic". **Sr Annette Cunliffe RSC** who returns home this month after her time of renewal in Leuven, Belgium. Annette's letters indicate that it was a very worthwhile experience and that she enjoyed the opportunity to visit many places of interest on weekends and during the Easter break. After leaving Leuven Annette met up with her sister to visit Ireland and Vancouver in Canada.

Sr Leone Wittmack RSC has from her time of renewal at Sangre de Christo Centre in New Mexico. We look forward to hearing from Leone about her time there.

Sr Catherine Meese RSC has just completed a 28 day, 700 km walking Pilgrimage in Spain from Roncesvalles to Santiago. This is a pilgrimage most of us can only dream about but certainly not have the stamina (or feet) to be able to complete it. Well done, Cathy.

Sr Colleen Mills RSC has just returned from her Biblical Study in the Holy Land. We look forward to hearing from Colleen about her time there.

Congratulations!

To the eight St Vincents & Mater Health Sydney associates who were recently presented with Centenary Medals in gratitude for their service to Australian Society. The recipients and their recognised contribution are as follows:

- **Mrs Trish Burns**, Executive Director of the Curran Foundation *business and community leadership*
- Ms Mary Foley, Chief Executive Officer, St Vincents & Mater Health Sydney business leadership
- **Professor Robert Graham**, Executive Director, Victor Chang Cardiac Research Institute - to science and molecular cardiology
- Ms Belinda Hutchinson, Director, St Vincents & Mater Health Sydney - business leadership
- Mr Peter Joseph OAM, Chairman, St Vincents & Mater Health Sydney- promotion and exploration of ethics
- Ms Sandra McPhee, Director, St Vincents & Mater Health Sydney- business leadership
- **Professor John Shine**, Executive Director, Garvan Institute of Medical Research- *science in molecular genetics*
- **Hon. Neville Wran AC, QC**, Chairman, Victor Chang Cardiac Research Institute- *Prescribed list former NSW Premier*.

Also to **Professor David Cooper**, Director National Centre in HIV Epidemiology and Clinical Research, University of NSW, Head of Clinical Services Unit, HIV Immunology/Infectious Diseases, St Vincent's Hospital who received and **Order of Australia** for his outstanding contribution to medicine.

Keep in Touch (K.I.T.)

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