

# Keep in Touch KIT MAGAZINE

SEPTEMBER 2019 · VOLUME 19 · NO. 03

# Inside this month

Welcome to the September 2019 edition of *Keep in Touch*, where there is much to celebrate and remember.

We cover the official opening of the Heritage Centre and Congregational Archives, show formal portraits of some of the Sisters who attended on the day, and look at the recent pilgrimage to Ireland.

As well, we celebrate the Jubilees of eight of our Sisters of Charity – platinum, diamond, and gold!



# Sharing our story

There has been so much to celebrate in recent months, including Mary Aikenhead's feast day on June 22 and our Patronal Feast Day on August 15. These are highlights in the lives of the Sisters of Charity of Australia.

Now, we have a continuing thread in the life of the Congregation to share – the Heritage Centre and Archives. Since the centre opened in June, Manager Rachel Mensforth has welcomed more than 100 visitors.

Many Sisters have called in to the centre, bringing with them friends and family members. Forty people from a retirement village in Heathcote also made a day of it in the centre – they brought their own sandwiches!





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## Sharing our story

From page 1

Rachel will report on the first six months in her role in the December edition of KIT. She has already had an ability to understand what the frequently asked questions are.

The first and foremost is are there any Sisters here?

The second: Can we visit the chapel?

Both of those questions are being addressed.

Last month, I had the privilege of receiving the Consul-General of Ireland, Owen Feeney, and a member of his Consular staff, Lorna Hennessy, with Sisters Maureen Walters and Deirdre Hickey. A story in the Irish Echo had prompted their interest.

The Consul-General was both warm and open and I was really impressed by how interested he was



in the 180-year story of the Sisters and how it continues into today. Lorna was quite emotional about the experience; I think the Sisters' presence in the context of the exhibition was transformative.

The reaction of our visitors is consistently along those same lines, and I look forward to more and more people visiting the centre so we can share the Sisters' stories and the charism of our Foundress. Mary Aikenhead, with them.





In this edition of Keep in Touch, you will find the reactions of some of the Sisters who have visited the centre -"Wow" seems a consistent reaction in one form or another.

We also commissioned Tim Bauer (above with Dr Max Coleman) again to take portraits of the Sisters who wanted to be photographed. His work is forming a rich trove for the Congregation, as it expresses the humanity and compassion of both the sitters and the photographer. I know that many of you who have spoken to me about these images are delighted they are capturing the spirit of the Sisters.

And – not least – there is much to celebrate in the Jubilees of profession for eight of our Sisters platinum, diamond, and gold.

They - as are all the Sisters - part of the ongoing story of faith, love, and service of the Sisters of Charity of Australia so beautifully told in the Heritage Centre exhibition.

Clare Nolan rsc Congregational Leader



Top: Sr Clare with Owen Feeney, Consul-General for Ireland; Centre Manager Rachel Mensforth with Sr Clare and Owen Feeney.

Above: From left, Lorna Markey Hennessy, Senior Consular Officer, Consulate General of Ireland, the Consul-General, Srs Clare, Maureen Walters, and Deirdre Hickey.



# Pictorial: Heritage Centre Opening

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**Top:** From left, Srs Laureen Dixon and Clare Nolan, artist Julieanne Manson, Sr Annette Cunliffe, artist Lisa Buxton, and Sr Suzette Clark. They are photographed in front of the artwork, *Journey of Spirit Coming Together*. Bottom left: Sr Judith Clark welcomed to the opening; Rachel Mensforth and Sr Margaret Fitzgerald.

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# Pictorial: Heritage Centre Opening

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Clockwise from top left: MC Chris Bath in St Vincent's Chapel; Chair of the Heritage Centre Committee, Robert Cahill; the Liturgy book; Srs Margaret Beirne and Cate O'Brien; the Archbishop of Sydney, Anthony Fisher OP, with Sr Clare in one of the Archives repositories; Srs Enid Doherty, Deirdre Hickey, and Regina Millard; Sr Cate with the Mother Giovanni panel.











**Top:** From left, Srs Leone Wittmack and Cate in the Archives; Srs Josephine Cannell and Catherine Meese welcomed to the Centre; Display cases in the exhibition space.

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## Pictorial: Heritage Centre Opening

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Clockwise from top left: Painting by Charles Madden, *Respect*; Sr Regina Millard with the St Joseph's hospital convent panel; Srs Anne Turner and Dorothy Bayliss in the A/V area; St Vincent's Hospital panel.

Opposite: The Sisters gathered in the chapel of St Vincent's College, Potts Point, after the opening Liturgy.

# You Tube

## Heritage Centre opening on YouTube

The Heritage Centre launch is on the Sisters' YouTube platform. You will find it here:

#### www.youtube.com/watch?v=O5DGF3Smo2l&t=25s

You will also find a mini-documentary made to commemorate the opening of the Heritage Centre and Congregational Archives here:

https://www.youtube.com/watch?v=vvIlxReZCeQ



# Portraits from the opening day

## New photographs of the Sisters

Once again, the Congregational Leader, Sr Clare Nolan, asked Australia's leading portrait photographer Tim Bauer to shoot a series of images of the Sisters.

The opening of the Heritage Centre and Congregational Archives was an opportunity to capture a moment of celebration in the life of the Congregation. Thank you so much to the Sisters who took part in recording this essential memorial of a wonderful day of tribute for all the Sisters have done through their faithful ministries.



"The exhibition is marvelous! I am simply overwhelmed by what has been produced in the space. It is a living, historical experience of the Congregation through the years. I really felt part of it."



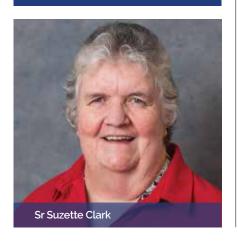
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# Portraits from the opening day

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"The exhibition ... provides a space for visitors to see, listen and hear the Mission of the Sisters of Charity of Australian in a creative, imaginative and comprehensive manner. The exhibits tell the enfolding story of passion and diversity of the Sisters of Charity as they have responded to the emerging needs of the poor within Australia and across the globe for 180 years. The stories highlight the centrality of relationships, the value of Colleagues and the reciprocity that serving the poor in a myriad of ways has enriched individual Sisters of Charity and the Congregation as a whole."

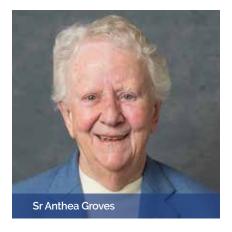




"What an amazing gift to us all! I was profoundly moved by the story of our Sisters and their endless efforts to bring the love of Christ into the lives of the poor, the sick, the lonely, the marginalised, those in prison and the abused. They simply saw a need and did everything they could to meet and fill that need."











"An exciting initiative that brings together pieces of our history since our original foundation and our very own Australian story. The Heritage Centre complements well the Irish Sisters' Harold's Cross Heritage Centre and brings to life a further stage of our Congregational story."







"The first thing you are greeted with is the wonderful painting by Indigenous artist, Linda Buxton, depicting our relationship with our First Australians and the work of the Sisters shown from an Aboriginal perspective.

As I currently minister in the Northern Territory, this painting made my heart sing."







"I was walking our story, some of which I had been part and some of which had become part of me. I felt proud to be a Sister of Charity and to have in some small way contributed to that story. May many be touched and inspired by what it represents in terms of courage, vision, self-sacrifice, and resourcefulness."



"The 'converted' convent at No 1 Rockwall Crescent was a miracle in itself! However complex the process, the result is magnificent.

"The Centre is much more than a stunning building. It houses a veritable treasure – the record of 200 years of our ministry as Sisters of Charity, the first religious women to take vows in Australia.

"The Heritage Centre and Archives is a generous gift to the Australian church, to researchers and anyone interested in colonial history – it is a genuine example of contemporary 'best practice'. We can be proud to promote it."

For photographs of all the Sisters taken at the opening of the Heritage Centre, go to: https://www.sistersofcharity. org.au/news-and-events/ photo-galleries/

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Mary Aikenhead Ministries undertakes an annual pilgrimage to Ireland where, as pilgrims, we are captured and strengthened by the stories and reflections of the everyday actions of that brave group of women, the Sisters of Charity, writes Sr Linda Ferrington.

A pilgrimage is so much more than a trip or an excursion; it is designed to speak to the heart of each pilgrim, as we engage with the sacredness of people and places and then see these experiences through the light of one's own life story.

Ireland is such an extraordinary place, where many world-changing ministries were born. The story of Mary Aikenhead as a young woman, prayerfully and courageously working out this calling upon her life, provides inspiration and courage for all the

MAM ministries; hospitals, schools, and places in which we work and serve these days and I'm inspired that these started from such humble beginnings.

The journey begins in Dublin where we experience the beginning of prison ministry at Kilmainham Gaol, move on to the Archives, and enjoy the gracious hospitality of Sr Mary Christian and the Sisters of Charity which is a characteristic of our journey.

**Top:** The beautiful Wicklow Mountains. **Right:** Sr Linda Ferrington at the pilgrimage opening at Mother Mary Aikenhead's desk in Dublin. The engagement with the story comes alive in the Heritage Centre and the moving celebration of the first five Sisters departing Dun Loaghaire pier on their voyage to Australia.

Focus Housing and Sister Stan's presentation highlights the systematic response to the needs of the poor and vulnerable Ireland today.





Sr Clare Nolan, in Dublin. Sr Linda is second row, extreme left; Kate Luxford (partially obscured) and Marian Rudge of the Congregational Office are second row, fifth and fourth from right.

Sister Sheila's exploration of the Sanctuary brings us to stillness in meditation and the need for a quiet space in the midst of our ministry contexts.

Cork tells the story of Mary Aikenhead's early life and the education of young women is still prominent in the Primary and Secondary School. Next comes the extraordinary hospitality of the Cork community where stories are exchanged and vision for the mission is celebrated.

We then move on to the amazing story of Mother Arsenius and the foundation of the Foxford Woollen Mills and this resonates with the current call to be imaginative and creative in the response. We return to Dublin for the profound liturgy at Donnybrook at Mary Aikenhead's grave and then on to Glendalough for a walking Eucharist through the monastic city.

This provides the time and space for reflection and the drawing together of all God has desired for us in the final ritual.

With each pilgrimage, we look forward to hearing of the pilgrim's discoveries of the young, strong Mary Aikenhead who had a passion to respond to the needs of the poor and the extraordinary woman she became in establishing a legacy that has taken shape across the world. A pilgrimage is so much more than a trip or an excursion; it is designed to speak to the heart of each pilgrim, as we engage with the sacredness of people and places and then see these experiences through the light of one's own life story.

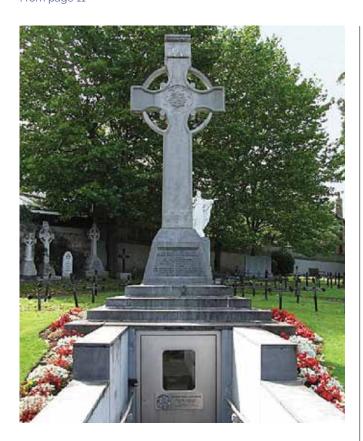
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## The pilgrimage to Ireland, 2019

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I always anticipate the many ways we will discover new companions as pilgrims, as we find ourselves gathered in awe, silence, reflection, as individuals and enriched as a group within the context of good Irish hospitality, laughter, enjoyment, and the sacredness of the land.

I relished the opportunity to co-lead the 2019 Irish Pilgrimage with my effervescent and spirited colleague, Lisa McDonald.



"With each pilgrimage, we look forward to hearing of the pilgrim's discoveries of the young, strong Mary Aikenhead who had a passion to respond to the needs of the poor and the extraordinary woman she became in establishing a legacy that has taken shape across the world."

> **Clockwise from top left:** The River Moy courses through Foxford, Co. Mayo; Close to the Foxford Woollen Mill; Inside the Woollen Mills at Foxford; Mother Mary Aikenhead's grave in Donnybrook, Dublin.





Marian Rudge at Dun Laoghaire; detail of the Celtic Cross over Mary Aikenhead's grave; Sr Stan's Sanctuary.

# Following the sacred path

What an honour to follow in the footsteps of Mary Aikenhead, writes NSW Health Care Co-Ordinator, Marian Rudge.

In the northern Spring this year, 20 pilgrims, including our leader, Sister Linda Ferrington rsc, gathered in Dublin to begin a journey to trace the footsteps of our foundress, Mother Mary Aikenhead.

The pilgrimage took us from Dublin to Cork to Galway, Foxford in Co. Mayo, and finally to Glendalough in Co. Wicklow for two days of reflection.

Sr Mary Christian, Congregational Leader of the Sisters of Charity, hosted our opening reflection and first evening meal in Sandymount, Dublin. We were delighted to have our own Congregational Leader, Sister Clare, share this special time with us, as well as many other lovely Irish Sisters. We were greeted throughout our journey by the Irish Sister's warmth, hospitality and enthusiasm for us as pilgrims from far away in Australia.

A visit to the Heritage Centre in Harold's Cross was a highlight of the pilgrimage for me. Mary Akenhead's life story and the very beginnings of the Religious Sisters of Charity was clearly depicted through a diorama.



We stood in the very rooms where Mary Aikenhead lived and died, and this gave us a real sense of the presence of the foundress and of her difficult and painful last years of incapacity.

Our visit to St Vincent's School in Cork was impressive. The enthusiastic, dedicated principal spoke to us about her programs for

their disadvantaged pupils and their success in fully integrating some of the children with

autism into mainstream classes. This was done with little or no government funding.

little or no government funding.

Dun Laoghaire Harbour was cold, windy and bleak on our visit. This was where the first five Sisters departed from on their three-month journey to the other side of the world – Australia. It must have been extremely difficult for Mary Aikenhead to say goodbye to these five brave Sisters, knowing she would probably never see them again.

Next we visited The Sanctuary established by Sister Stanislaus Kennedy as a place of refuge and an oasis in the urban noise, a place for solitude, connection, growth, and healing. Sr Stan and her team, for the past 30 years, have been creating beautiful spaces and gardens providing an oasis of tranquility for all today.

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Marian on the site of the first St Vincent's Hospital; Pilgrims go down to the lough at Glendalough, Co. Wicklow.

# The pilgrimage to Ireland, 2019

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We journeyed on towards Galway and were taken on a tour of the Foxford Mill. The Foxford Woollen Mill was first established by Mother Agnes Morragh Bernard in 1892 in response to an enormous need in the Foxford community. There simply was no work and the poverty was heartbreaking. The establishment of the Mill enabled the local community to be trained and gain meaningful employment.

The foresight of Mother Agnes in the face of adversity, shows both vision and determination. The people we met in Foxford were so grateful to Mother and so proud of their now prosperous community. Refueled at the Mill Café and carrying bags of woollen blankets, rugs and garments, we headed back to Dublin.

Next stop was Donnybrook, the burial site of Mary Aikenhead and many other Irish Sisters. It was a very sobering experience to be in this place of remembrance, standing among those who had walked in the footsteps of Mary Aikenhead. We each prayed and placed a rose on Mary Akenhead's gravesite and then spent time viewing the names of the many other Irish Sisters buried under these black crosses and gave thanks for their courage and love.

Our final two days of our journey were spent in Co. Wicklow at the beautiful monastic site of Glendalough. This historic site, whose name translates to "valley of the two lakes" consists of the 6th century monastery founded by St Kevin.

On a clear, sunny, brisk morning, the pilgrims stood together for Mass among the ruins of St Saviour's church. Father Michael led us in prayer at the lake and then took us high into the hills as he recited poetry along the way. He stopped long enough to let us admire the immense beauty of our surrounds.

Glendalough is a very special place and a beautiful location in which we were able to reflect on our journey and the friendships we have made.

The pilgrimage brought into sharp focus Mary Akenhead's vision and her faith in God in tackling the social issues of the times in terms of "service to the poor."



The view from the lake at Glendalough.

Platinum Jubilee of Religious Profession of Srs Virginia Wilkinson,

Dawn Bang and Paulina Pilkington

#### **Sr Virginia Wilkinson rsc** August 28, 2019

"On your Profession Day 70 years ago you chose as your personal motto: 'O Sacred Heart of Jesus I Place My Trust in You.'

"You have done this all your life, Virginia, and you have not been disappointed in your God who is always faithful. Your family members who have gone before you are rejoicing with you in heaven today."



Clockwise from top left: (From left) Sr Virginia Wilkinson, Sr Martha Murphy, Sr Maureen Heffernan, Sr Deirdre Hickey and Sr Elaine Lum, Kingston, TAS, 1968.

Sr Virginia Wilkinson and Sr Catherine Meese, Our Lady of Mount Carmel Primary School, Mount Pritchard, NSW, 1970.

Sr Virginia Wilkinson, Sr M. St Jude Doyle and Sr Elizabeth Dodds, Potts Point, NSW, 2005.



Clockwise from top: (From left) Sr John Mary S.L.C., Sr M. Carmena Kelly, Sr M. Joseph Barry, Sr Dawn Bang, Sr M. Finbarr Balzen and Sr Claudia S.L.C. at the Novitiate, Caritas Christi, Wahroonga, NSW, ca 1964.

Fr Brian, Sr Margaret Guy, Sr Dawn Bang, Sr Genevieve Walsh, Sr Elizabeth Harper, Sr Mary Maguire, Sr Kathleen Laffan and Sr Josephine Hodges, Shellharbour, NSW, 1979. Sr Virginia Wilkinson, Sr Patricia Carroll, Sr Dawn Bang and Sr Paulina Pilkington at a Congregational Gathering, St Vincent's Convent, Potts Point, 1983.

## Sr Dawn Bang rsc

August 29, 2019

"You are 'our Dawn!' God's gift to us. You are a living story of compassion, love and courage.

"Pope Francis said recently:
'Every man and woman is a mission.'
You chose as your motto on your
Profession Day: 'Jesus God of my
Heart.' That was and is your mission.

"May God continue to be the centre of your life, Dawn.

"As Mary Aikenhead said: 'Let us move forward in the spirit of faith which inspires confidence and courage!"

All the tributes in this section have been written by Sr Clare Nolan.

The images were supplied by the Congregational Archives.

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#### **Sr Paulina Pilkington rsc** August 28, 2019

"Reflecting on your 70 years,
I exclaim 'Wow!' What a great
contribution you have made to
Church, world and the people of
God. Beginning in the teaching
ministry and then doing your Nurse
Training which took you into the
world of Health Care ministry.



It wasn't long before you felt called to use your teaching talents in educating nurses. Your influence taught them to deliver the highest standard of Nursing Care.

"Your life has been so rich, Paulina, and it cannot be contained fully in a few words.

"You chose as your motto: 'To love Jesus and to make him loved.'
These words attracted you on your Profession Day and you were sent to continue to make God loved.
You were 'attracted and sent – the two moments of the heart' (Pope Francis).

"I celebrate with you today through the great prayer of Thanksgiving – the Mass."



Clockwise from top: (From left) Sr Patricia Mary Ryan, Arthur Mooney, Sr Marie Haren, Sr Clare Nolan and Sr Paulina Pilkington, members of the Sisters of Charity Health Service Council, ca 1996.

> Sr Paulina Pilkington bandaging the ankle of a young patient, St Vincent's Hospital Sydney, ca 1960.

Sr Paulina Pilkington (seated, third from left) working as a World Health Organisation Consultant, National Teacher Training Centre, University of the Philippines, Manila, 1987.

Sr Paulina Pilkington (seated, second from left) chairing a meeting for the World Health Organization, ca 1980.

Diamond Jubilee of Religious Profession of Srs Valerie Green,

Maryanne Confoy and Maureen Parker

#### **Sr Valerie Green rsc** August 8, 2019

"On your Profession day you chose as your personal motto 'All to all for love of Thee.'

This motto so fits who you are Val, especially in your ministry.

"You love people, and the poor and marginalised are always in your sight. You loved the children and their families, and you really understood them and could jump into their shoes.

"You walked with them asking yourself what more you could do especially for those who needed love, security and self-esteem.



"May you be encouraged by Pope Francis when he says: 'No one is so poor as to be unable to give what they have, but first and foremost who they are."

Sr Val died on Thursday, August 22. Read her Words of Remembrance in December's KIT.







Clockwise from top: Sr Claudette Palmer, Sr Valerie Green and Sr Maureen Parker at Queens Cascades, Wentworth Falls, May 1972.

Sr Valerie Green, ca 1975.

Sr M. Loreto Scicluna, Sr Una McAllister, Sr Deirdre Hickey, Sr Helen Clarke, Sr M. Rosalia Puckeridge and Sr Valerie Green at St. Thomas' Convent, Lewisham, 1986.

Sr Claudette Palmer, Sr Karan Varker and Sr Valerie Green enjoying the scenery of the Blue Mountains, Katoomba, May 1972.

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#### **Sr Maryanne Confoy rsc** August 8, 2019

"Congratulations! Sixty years a Sister of Charity and what a full life that has been. A life of loving service and building the Kingdom of God, giving of your talents generously and never refusing any request of help that forwarded the mission and vision of Mary Aikenhead.

"Your personal motto chosen on your Profession Day has been your motivation: 'To give and not to count the cost.'

"Your contribution to The Way in Brunswick Street, Melbourne, feeding the homeless and housing some of the most vulnerable is to be commended. You give of your talents in organisation there. You do things quietly... just think how many lives you have touched during 60 years."





### Sr Maureen Parker rsc August 8, 2019

"Sixty years ago, you chose as your personal motto 'Sacred Heart of Jesus I place my trust in you.' This aspiration, I am sure, has seen you through thick and thin - and God is faithful. You are a woman of great faith and a true daughter of Mary Aikenhead. You saw a need and you did something about it. As Mary Aikenhead said: 'The work is God's work and God will bring everything right in the end.'

"You have a ministry of presence now and it is much-appreciated. You attend to such things as liturgical celebrations of the Holy Spirit,



Programs with the residents of Holy Spirit Boondall and you are a real friend to many. I salute you Maureen on 60 years of loving service as a Sister of Charity."

Heenan at St Vincent's Hospital Convent, Toowoomba, QLD, 2005.

Sr Colleen McDonald, Sr Maureen Parker, Sr Leone Wittmack and Sr Cate O'Brien at General Chapter, Caritas Christ Conference Centre, Wahroonga, NSW, 23 October 1996.

## Golden Jubilee of Religious Profession of Srs Kathleen Fitzpatrick and Margaret Valentine

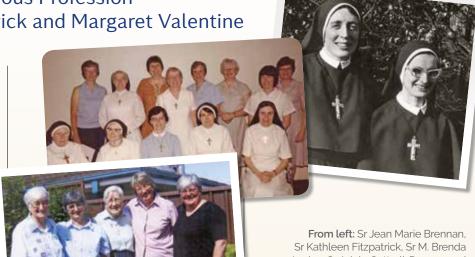
## Sr Kathleen Fitzpatrick

August 26, 2019

"The personal motto you chose on your profession day 50 years ago reflects your life of faithfulness to God and God to you: 'I believe, I hope, I trust.'

"You love people, you are always inclusive of them and you continue to do this today. People feel special because of all the care you show. Mary Aikenhead would be proud of you, as I am proud of you.

May you be encouraged by these words of Pope Francis to the meeting of the Union of International Superiors General in May this year:



'Do everything with your humble presence and service... the more we are united to the Lord, the closer we will be to humanity... your future will be full of hope"."

Jordan, Sr Adele Cottrell-Dormer and Sr Elizabeth Byrne, Hinchinbrook, NSW, 2006.

Sr Kathleen Fitzpatrick (front row, third from left) with her Congregational Gathering Group, Potts Point, NSW, 27-31 December 1983.

Sr Dorothy Maher and Sr Kathleen Fitzpatrick on the day of their Profession at the Novitiate, Caritas Christi, Wahroonga, NSW, 26 August 1969.

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### **Sr Margaret Valentine rsc** August 26, 2019

"Congratulations on your Golden Jubilee! Fifty years of loving service motivated by the love of Christ. This is reflected in your personal motto 'To live in Christ'."

"You are special to the people of Liverpool and a lot of the people from Greenfield Park and Horsley Park. You could be called a Western Suburbs Sister of Charity, going out to the margins as Parramatta's Bishop Vincent Long OFM Conv put before us at the Gathering in June last year: 'We go out to meet and embrace people where their needs are greatest.' "May these words of Pope Francis encourage you, Margaret: 'There are many people who need you and wait for you.

"They need your friendly smile which gives back confidence to them; they need your hands to support them in their journey, your word that sows hope in their hearts, your life in Jesus' style which heals the most profound wounds of loneliness, rejection and exclusion.' (UISG 2019)

"And Mary Aikenhead encourages you, as well: 'To keep your lamp ever filled and ready lighted.
Humility the vessel: Charity the spark!"







From left: Sr Dorothy Maher, Sr Margaret Valentine and Sr Kathleen Fitzpatrick on their Clothing Day at the Novitiate, Caritas Christi, Wahroonga, NSW, 25 August 1967.

Sr M. Claudia Doyle, Sr Patricia Mary Ryan, Sr Margaret Mines and Sr Margaret Valentine, 80 Victoria Street, Potts Point, NSW, December 1991.

Sr Margaret Valentine, ca 1980.

Sr Margaret Valentine on the day of her Profession at the Novitiate, Caritas Christi, Wahroonga, NSW, 26 August 1969.



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